

# NuVu Life Meal+ Unflavoured Fortification Powder 3kg



NuVu Life Meal+ is a high-calorie, protein-rich powder enriched with our unique vitamin & mineral blend. Our formulations combine industry leading expertise with a passion for high quality ingredients.

NuVu Life Meal+ provides you with a quick and easy way to increase the nutrient and calorie content of meals without increasing their volume. NuVu Life Meal+ is an unflavoured version of our bestselling shake suitable specifically for meal fortification.

Ideally added during the preparation stage of food such as cakes, sponges, custard, mash potato, soups, gravy, smoothies or mixed with milk for cereals and drinks it has been specially developed for its effectiveness and ease-of-use use in a professional kitchen.

NuVu Life Meal+ is much more nutritious than adding cream, butter or sugar and can be used instead of thickening starches to add vital vitamins and minerals to any meal.

## **Nutrient-Rich Fortification**

NuVu Life Meal+ has been specially developed for people who struggle to maintain a healthy weight. Our high-protein formulation promotes healthy maintenance, recovery and repair within the body. Our products do not rely on excess sugar to taste great. Instead, NuVu Life's mission is to offer a range of great-tasting high-quality products that are nutrient focused and tailored to help people.

## 60 Servings in each 3kg Tub

NuVu Life Meal+ is available in a convenient 3kg tub, with a handy measuring scoop, making preparation easy and convenient and has been specifically developed for its effectiveness and ease-of-use use in a professional kitchen.

## 363 Calories with 200ml of Whole Milk

The Meal+ fortification powder is perfect for individuals with suppressed appetites, those that suffer from dysphagia or for people that are recovering from illness and is an excellent way to add additional calories and nutrients to any meal, drink or dessert.

### **Full of Vitamins and Minerals**

One serving of our NuVu Life Meal+ Fortification powder contains 100% of the recommended daily intake of 17 essential vitamins and minerals and provides a nutrient dense formulation to promote health and well-being.

- Includes the vital minerals Zinc, Selenium, Magnesium and Iron.
- Fortified with the daily recommended required amounts of vitamins A, D<sub>3</sub>, K1, E, C, B<sup>1</sup>, B<sup>2</sup>, B<sup>3</sup>, B<sup>6</sup>, Folic Acid, B<sup>12</sup>, Pantothenic Acid and Biotin.
- With **Zinc** to contribute to the maintenance of normal bones.
- With **Selenium** to the normal function of the immune system.
- With Magnesium to help regulate blood pressure.
- With **Vitamin B<sup>12</sup>** to help maintain the nervous system and cognitive performance.
- With Vitamin B<sup>6</sup> to maintain energy and general vitality.
- And Vitamin D<sup>3</sup> to build and maintain strong muscles.
- High in **Protein** to help support muscle strength.

#### Ingredients

Protein Blend (Whey Protein Concentrate (**Milk**), Skimmed **Milk** Powder), **Soy** Bean Oil Powder, Magnesium Citrate, Vitamin Blend (Ascorbic Acid, Ferrous Fumarate, DL-Alpha Tocopherol, Nicotinamide, Vitamin A Acetate Oil, Calcium Pantothenate, Ergocalciferol, Pyridoxine Hydrochloride, Phylloquinone, Thiamine Hydrochloride, Riboflavin, Cyanocobalamin, Folic Acid, D-Biotin), Xanthan Gum, Sodium Chloride, Zinc Citrate, Sweetener (Sucralose), Selenium Methionine.

#### Allergens

See ingredients in **Bold.** Produced in a facility that handles milk, egg, soy and gluten.

## Suitable for

#### **Important Notice**

Not for parenteral use. Only to be used as a supplement to a normal diet. Not suitable as a sole source of nutrition. Suitable for the dietary management of those with, or at risk of disease related malnutrition.

Only suitable for children under 16 and lactating women when instructed by a clinician or dietician. Not suitable for pregnant women. Not suitable for patients with Soya or Cow's Milk intolerance or those with Galactosaemia. If unsure, consult a clinician or dietician.

#### Usage

We recommend 3 x 15g portions per person, per day, mixed and added to a food or drink of choice, before or after cooking. When made up refrigerate and use within 24hrs. See label for full details. Store in a cool dry place, out of direct sunlight. Shelf life is 24 months or by Best Before date.

Nutritional Information						
Typical Values	100g		Per 50g Serving		1 x TBSP (15g)	With 200ml Milk
Energy	kJ	1959	kJ	979	293.7	1521
	Kcal	466	Kcal	233	69.9	363
Fat	20		9.9		2.97	17
Of which saturates	2.9		1.4		0.42	6
Carbohydrates	28		14		4.2	23
Of which sugars	21		11		3.3	22.3
Protein	44		22		6.6	29
Salt	0.59		0.29		0.09	0.51
Vitamin A	1600ug		800ug		240ug	874ug
Vitamin D3	10ug		5ug		1.5ug	5ug
Vitamin K1	150ug		75ug		22.5ug	80.2ug
Vitamin E	24mg		12mg		3.6mg	12.12mg
Vitamin C	160mg		80mg		24mg	84mg
Vitamin B1	2.2mg		1.1mg		0.33mg	1.16mg
Vitamin B2	2.8mg		1.4mg		0.42mg	1.87mg
Vitamin B3	32mg		16mg		4.8mg	16.4mg
Vitamin B6	2.8mg		1.4mg		0.42mg	1.52mg
Folic Acid	400ug		200ug		60ug	216ug
Vitamin B12	5.0ug		2.5ug		0.75ug	4.4ug
Biotin	100ug		50ug		15ug	55.2ug
Pantothenic Acid	12mg		6mg		1.8mg	7.19mg
Magnesium	750mg		375mg		112.5mg	398mg
Iron	28mg		14mg		4.2mg	14.04mg
Zinc	20mg		10mg		3mg	11mg
Selenium	110ug		55ug		16.5	57ug

Just one 50g serving of Meal+ with milk provides 16% & 20% of the RI% Kcal for men & women over 75.

Manufactured by The Protein Partners Ltd on Behalf of NuVu Life Ltd. See <u>nuvulife.com</u>. Please contact <u>stuart@nuvulife.com</u> for further information or call Stuart on +44 7787 124 151.

