



NuVu Life Nutrient-Rich Strawberry Flavoured Shake 50g – Box of 7



NuVu Life Shakes are high calorie, protein rich drinks enriched with our unique vitamin & mineral blend. Our formulations combine industry leading expertise with a passion for high quality ingredients.

NuVu Life Shakes provide you with a quick and easy way to increase the nutrient and calorie intake between meals and offers a nutritious solution to add vital vitamins, minerals and protein to any diet.

Nutrient-Rich Fortification

NuVu Life Shakes have been specially developed for people who struggle to maintain a healthy weight. Our high-protein formulation promotes healthy maintenance, recovery and repair within the body. Our products do not rely on excess sugar to taste great, containing less than 5g of sugar per sachet. Instead, NuVu Life's mission is to offer a range of great-tasting high-quality products that are nutrient focused and tailored to help people.

A Complete 50g Serving per Sachet

Our NuVu Life Shake is available in convenient single serve sachets making preparation easy and convenient. For easy storage we offer packs of 7, 21 and 70 sachets in 5 delicious flavours including Banana, Butterscotch, Chocolate, Strawberry and Vanilla.

362 Calories with 200ml of Whole Milk

NuVu Life shakes are perfect for individuals with suppressed appetites, those that suffer from dysphagia or for people that are recovering from illness and is an excellent way to add additional calories and nutrients to any diet.

Full of Vitamins and Minerals

One sachet of our NuVu Life Shake contains 100% of the recommended daily intake of 17 essential vitamins and minerals and provides a nutrient dense formulation to promote health and well-being.

- Includes the vital minerals **Zinc, Selenium, Magnesium** and **Iron**.
- Fortified with the daily recommended required amounts of vitamins **A, D₃, K1, E, C, B¹, B², B³, B⁶, Folic Acid, B¹², Pantothenic Acid** and **Biotin**.
- With **Zinc** to contribute to the maintenance of normal bones.
- With **Selenium** to the normal function of the immune system.
- With **Magnesium** to help regulate blood pressure.
- With **Vitamin B¹²** to help maintain the nervous system and cognitive performance.
- With **Vitamin B⁶** to maintain energy and general vitality.
- And **Vitamin D³** to build and maintain strong muscles.

Ingredients

Protein Blend (Whey Protein Concentrate (**Milk**), Skimmed **Milk** Powder), Bean Oil Powder, Flavouring, Magnesium Citrate, Vitamin Blend (Ascorbic Acid, Ferrous Fumarate, DL-Alpha Tocopherol, Nicotinamide, Vitamin A Acetate Oil, Calcium Pantothenate, Ergocalciferol, Pyridoxine Hydrochloride, Phylloquinone, Thiamine Hydrochloride, Riboflavin, Cyanocobalamin, Folic Acid, D-Biotin), Xanthan Gum, Sodium Chloride, Zinc Citrate, Sweetener (Sucralose), Selenium Methionine.

Allergens

See ingredients in **Bold**. Produced in a facility that handles milk, egg, soy and gluten.

Suitable for

| | | | | | | | |
|-------------|-------------------------------------|--------|-------------------------------------|-------|-------------------------------------|--------|-------------------------------------|
| Vegetarians | <input checked="" type="checkbox"/> | Vegans | <input checked="" type="checkbox"/> | Halal | <input checked="" type="checkbox"/> | Kosher | <input checked="" type="checkbox"/> |
|-------------|-------------------------------------|--------|-------------------------------------|-------|-------------------------------------|--------|-------------------------------------|

Important Notice

Not for parenteral use. Only to be used as a supplement to a normal diet. Not suitable as a sole source of nutrition. Suitable for the dietary management of those with, or at risk of disease related malnutrition.

Only suitable for children under 16 and lactating women when instructed by a clinician or dietician.

Not suitable for pregnant women. Not suitable for patients with Soya or Cow's Milk intolerance or those with Galactosaemia. If unsure, consult a clinician or dietician.

Usage

We recommend 1 to 2 sachets per person, per day, unless otherwise instructed by a clinician or dietician. We recommend mixing 1 sachet to 200ml of full fat milk mixed in your shaker cup (however semi skimmed, skimmed, sugar-free vegan milk alternatives or water can also be used). When made up refrigerate and use within 24hrs. See label for full details. Store in a cool dry place, out of direct sunlight. Shelf life is 24 months or by Best Before date.

| Nutritional Information | | | | | | |
|-------------------------|--------|-----|-----------------|-----|-----------------|---------------|
| Typical Values | 100g | | Per 50g Serving | | With 200ml Milk | Serving % RI* |
| | Energy | kJ | 1950 | kJ | | |
| | Kcal | 464 | Kcal | 232 | 362 | 16% & 20%* |
| Fat | 19.6 | | 9.8 | | 17.0 | |
| Of which saturates | 2.9 | | 1.45 | | 6.05 | |
| Carbohydrates | 30.0 | | 15 | | 24.4 | |
| Of which sugars | 18.1 | | 9.1 | | 18.5 | |
| Protein | 41.4 | | 20.7 | | 27.5 | |
| Salt | 0.58 | | 0.29 | | 0.51 | |
| | | | | | | |
| Vitamin A | 1600ug | | 800ug | | 874ug | 100% |
| Vitamin D3 | 10ug | | 5ug | | 5ug | 100% |
| Vitamin K1 | 150ug | | 75ug | | 80.2ug | 100% |
| Vitamin E | 24mg | | 12mg | | 12.12mg | 100% |
| Vitamin C | 160mg | | 80mg | | 84mg | 100% |
| Vitamin B1 | 2.2mg | | 1.1mg | | 1.16mg | 100% |
| Vitamin B2 | 2.8mg | | 1.4mg | | 1.87mg | 100% |
| Vitamin B3 | 32mg | | 16mg | | 16.4mg | 100% |
| Vitamin B6 | 2.8mg | | 1.4mg | | 1.52mg | 100% |
| Folic Acid | 400ug | | 200ug | | 216ug | 100% |
| Vitamin B12 | 5.0ug | | 2.5ug | | 4.4ug | 100% |
| Biotin | 100ug | | 50ug | | 55.2ug | 100% |
| Pantothenic Acid | 12mg | | 6mg | | 7.19mg | 100% |
| Magnesium | 750mg | | 375mg | | 398mg | 100% |
| Iron | 28mg | | 14mg | | 14.04mg | 100% |
| Zinc | 20mg | | 10mg | | 11mg | 100% |
| Selenium | 110ug | | 55ug | | 57ug | 100% |

Just one 50g sachet with full fat milk provides 16% & 20% of the RI% Kcal for men & women over 75*.

Manufactured by The Protein Partners Ltd on Behalf of NuVu Life Ltd. See nuvulife.com.

Please contact stuart@nuvulife.com for further information or call Stuart on +44 7787 124 151.



NuVuLife

A NEW VIEW ON NUTRITION

For Strength, Energy and Immunity*

